Early Orthodontic Training (From 4 years)

3 Day Clinical Course – Introduction to Functional Orthodontics

The aim of Functional Orthodontics is to improve oral posture, muscle function, and the balance of the lips and tongue in order to cure malocclusion and its associated problems, allowing correct development of the face.

We begin treating patients at our clinic from four years of age. The advantage to this is that corrective action can be taken much earlier, thus addressing the problem before it gets worse. As few dentists work with young patients, there is a tremendous opportunity to offer an excellent and much demanded treatment to younger patients.

During this three-day course you will be shown a wide range of functional appliances, including Planas, Bimler, Aragao, Deshayes, Ramirez etc, and their use in various different cases. You will also explore a variety of methods for preventing and correcting common problems, such as:

- How children from the age of four can be treated for CL II, CL III, open bite, deep bite, lateral cross bite, crowding etc
- How orofacial myology and respiration exercises are incorporated in functional orthodontics
- The use of functional appliances used in treating associated issues, including: snoring, apnoea, mouth-breathing, ADHD, migraines, orofacial pain, TMD, back and neck pain, pain in articulations etc.

Course summary

- Examining and determining an approach for each patient
- Deciding the most suitable appliance
- How to take impressions and take a construction bite
- How to construct each appliance
- How to adjust, activate and place the appliance in the patient’s mouth
- What instruction to give to each patient regarding the use of the appliance at home
- What to look for during check up and follow up appointments

Course format

**Day 1 and 2** – at the clinic from 10am to 8pm

Theoretical and practical instruction with the patients.

**Day 3** – in the lab from 8am to 5pm

Learn how to construct appliances in the laboratory.