Bimler Technique – 4 Day Clinical Course

Early Orthodontic Training (From 4 years)

We begin treating patients at our clinic from four years of age. The advantage to this is that corrective action can be taken much earlier, thus addressing the problem before it gets worse. Since few dentists and orthodontists work with young patients, there is a tremendous opportunity to offer an excellent and much demanded treatment to younger children. This course focuses on the Bimler technique and appliances.

Misalignment and correct positioning of the jaws can contribute to a wide range of disparate conditions including:

- orthodontic problems
- chronic pain
- orofacial pain
- sleep disorders
- breathing disorders
- facial aesthetics
- bed wetting
- ADHD

Providing the Bimler technique at your existing practice allows you to offer a more holistic approach to your patients’ general health, and opens up a new revenue stream.

Our training course for dentists, orthodontists and paedodontists consists of four days of hands-on training with real patients who are seeking treatment for a number of different conditions, such as: CL II, CL III, open bite, deep bite, lateral cross bite, crowding etc. No
previous experience in orthodontics is necessary.

Bimler appliances belong to the group of neuro-functional orthopaedic techniques and are made mostly of wire, connected by the dorsal arches. The Bimler appliance retains the same basic principles of bi-maxillary action and reaction, but it is less bulky and more elastic in order to be compatible with the physiology of the mastication and deglutition. This has the advantage that the appliance can be successively adapted in all three dimensions, following the progress of the treatment. Usually, no more than one appliance is necessary. Bimler appliances are made from preformed parts, need little maintenance, do not require a construction bite, and are worn for only 12-14 hours per day. These benefits make Bimler appliances very popular with users.

With a Bimler Appliance you can offer an economical, comfortable and absolutely safe way to treat almost any kind of malocclusion, within the limits of the adaptability of the patient. There are three basic types of Bimler appliances, A, B, and C – all of which are easy to produce and adjust.

Course content includes theory, observing patients using their Bimler appliances, and learning how to build appliances to suit each patient. Following the four days, you will have the knowledge to incorporate this treatment into your existing practice. While the treatment is simple and can be learned in four days, it is highly effective.

Following the course, you will be provided with follow up support by email, Skype or webcam.

We are only able to accept a maximum of three participants on each course. This ensures that each participant is afforded the time and attention to properly learn and apply the treatment to their practice.

Private courses for individuals can also be arranged.
Course summary

- Examination and determining an approach for each patient
- Deciding the most suitable appliance
- How to take impressions and take the bite
- How to construct each appliance
- How to adjust, activate and place the appliance in the patient’s mouth
- What instruction to give to each patient regarding the use of the appliance at home
- What to look for during check up and follow up appointments

Course format

Day 1 – at the clinic from 10am to 6pm

Theoretical and practical instruction with patients in the clinic.

Day 2 – at the clinic from 10am to 6pm

Theoretical and practical instruction with patients in the clinic.

Activation of the appliances.

Day 3 – at the laboratory from 8am to 5pm

How to construct the appliances.

How to instruct technicians regarding construction of the appliances.

Day 4 – at the clinic from 8am to 1pm

Practical work with patients combining what has been learned over previous days.